

# Lovely Bugs Tour Pack

## Lovely Bugs

An outdoor, interactive, participatory aerial dance performance work for all ages and abilities, **Lovely Bugs** tells the story of dangerously different bugs on a quest. What emerges is a tale of friendship and understanding.

Led by an inclusive company of disabled and non-disabled artists, the performance is set on the company's spectacular 6m high dome rig and giant spider's web with a sound score by DJ Ed Steelfox that incorporates narrative and rhyme.

**Lovely Bugs** can be presented as a 40 minute stand-alone performance, up to 3 times in one day. It is also offered as a residency alongside longer aerial dance workshops, bugs hunts, picnics and/or professional development.

**Lovely Bugs** is Directed by Rachel Freeman for **everyBODY dance** and produced in collaboration with Dancefest and The Whitbourne Estate.

Bonus piece

In addition to **Lovely Bugs**, **everyBODY dance** is offering a new work **Beautiful Demoiselles Damsselfies** which has been created as a result of the 2013 bug hunts. **The Demoiselles** present a trio of iridescent blue, hovering and darting high above the ground, shimmering with energy and light. Music by Yan Tiersen mixed into an audio description soundtrack; running time 12 minutes.



*Brilliant story telling with flying, the words really helped draw me into the story and I believed the dancers*

*It was wonderful! Well done on being constantly upside down! 😊*

*ONE WORD – SUPERB!*

## Participation

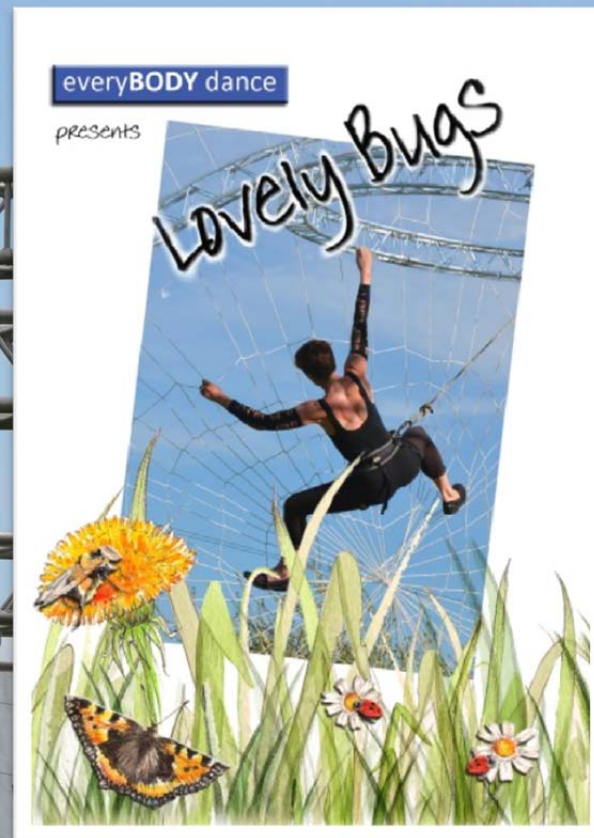
Lovely Bugs is interactive and playful, with hand/foot/body propelled mechanisms to help make the rain fall on Incy and to get Bee to deliver Ladybird's shopping! Helpers are selected before the show begins and have proved to be a delightful addition to the work.

Each performance will be accompanied by 'have a go' aerial sessions for children and adults using aerial equipment. These have always been extremely popular as a tool for audience development and accessibility.

Lovely Bugs offers rich opportunities to develop a swarm of educational and creative tasks and to link with other event activities: bug hunts, drawing, writing, arts and craft sessions.

## Lovely Bugs background

Originally produced in 2013 following R&D in 2012, Lovely Bugs was presented on the Whitbourne Estate in Herefordshire over a 3 week period with over 900 people aged 2 to 96 attending 18 performances. Special, secondary and primary schools, youth, family and community groups all participated.



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# everyBODY dance

everyBODY dance's aim is to inspire, explore and create great dance with disabled and non-disabled people of all ages in conventional and unexpected spaces.

**Rachel Freeman**, founder of Blue Eyed Soul Dance Company, has been a leading UK exponent of inclusive aerial and community dance for nearly two decades. With experience of local and international touring and teaching, creating large scale community work, site specific and aerial dance, she now works as an independent artist based in north-east Herefordshire. Rachel works in collaboration with everyBODY dance as Lead Artist and Programme Development Manager.

**Lisa Spaul** is an Independent Dance Artist based in North Wales. She has worked in the UK, Canada and China and co-founded the North Wales Dance Collective, for local dance professionals to provide training, choreographic and performance opportunities within the region. Lisa was one of three dance artists in Wales commissioned to create a contemporary dance piece 'Simon Says', which toured to 10 theatre foyers across Wales. Lisa attends regular training in Vertical Dance and recently performed in 'Aviatrix' and 'Pobl Dre' choreographed by Kate Lawrence.

**Eleni Edipidi** trained at Laban and gained an MA in European Dance Theatre Practice (2005) and has a BA in Dance and Live Art Practices (2004, MMU). She has performed and toured internationally with Company Victoria (Belgium), Interkunst (Germany), Marie-Gabrielle Rotie (UK), Blue Eyed Soul Dance Company (UK), Cheshire Dance (UK). Eleni is the Co - Artistic director for Levantes Dance Theatre and recipient for the CFC Award 2013, Samuel Becket Theatre Trust Award 2009 and The Marion North Mentoring Scheme 2009.

**Jess Allen**, a stereotypical dreadlocked-eco-feminist-caravan-yurt-dwelling aerial dancer, walking artist and academic with a horse, is currently doing a second PhD at the University of Manchester in walking as an activist arts practice. Originally a biologist, she has worked as a facilitator of community biodiversity projects, landscape officer, lecturer for the University of Plymouth, arts facilitator and as a dancer and aerial performer for Blue Eyed Soul Dance Company, Movement Collective, Invisible Circus and Full Tilt Aerial Theatre.



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## Technical requirements

### Project information:

- Running times:
  - Lovely Bugs - Performance - 38 minutes
  - Beautiful Demoiselles Damselflies – 12 minutes
  - 'Have a go' workshops with up to 15 participants – 30 minutes
- Up to 3 performances plus 3 workshop sessions per day.
- Performers: 3
- Total number of people on tour: 5
- For outdoor performance, viewed in the round.
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### Rig information:

- Lovely Bugs is set on the company's dome rig which requires a footprint of 9.5m<sup>2</sup>
- Requires level ground; preferably, but not essentially, grass.
- Minimum height clearance of 7.5m.
- Requires 3 hours for the get in and build.
- Get out time 1½ hours.
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### What we need from you:

- 4 gallons of clean water.
- Access to toilet facilities.
- Additional support to build and dismantle the rig – 2 people able to lift shared weight for 1 hour each session.
- 2 stewards present during performances.



*Fabulous, good fun, innovative, creative – I would love to learn to do it!!*

*Fabulous! How great for our young people and carers. You captured their hearts and ours. Thank you!*

*Can't believe the children sat still for so long.*

*It was very good. I understand the bees.*

*It feels like I'm a butterfly.*

*Loved flying, it was funny going upside down.*

*The show was absolutely brilliant.*

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## Bookings

For further information about the project please contact:

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## Referees

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Dancefest

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01905 61119

## Rachel Freeman, Programme Development

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Registered Charity Number 1147421 –

Registered Company Number 7934348



## Links

<http://www.youtube.com/watch?v=EDQ3pGgW1uc>

<http://everybodydance.org.uk/index.html>

<https://www.facebook.com/rfeverybodydance?ref=hl>

<https://twitter.com/everyBODYdancin>



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